

31<sup>st</sup> March 2017



Dear Parent/Carer

Today young people are faced with incredible pressures to be sexually active. Being aware of these challenges and pressures, as well as the resulting physical, emotional, mental and social consequences of such activity, One In A Million Free School has chosen to implement sex and relationship education as part of our school's PSHCE curriculum for this academic year.

The programme we shall deliver, 'Ur Choice', is intended to promote healthy, responsible choices for students, by providing them with information about health topics, teaching them skills such as decision making and encouraging them to discuss sexual health concerns with appropriate professionals. As part of the programme the practitioners will employ a variety of learning resources, which may include; anatomical models, contraceptives etc.

Topics which will be covered as part of the programme include:

- Sexuality, Safe Sex and Young People's Right to Confidentiality
- Contraception Choices
- Healthy Relationships, Consent and Abuse

Research clearly shows that classroom-based health education is far more effective if it can be combined with active involvement from parents/carers and includes strong links to health services in the community. We encourage parents/carers to become informed about the school programme and use every opportunity to discuss health issues with their young people. We also encourage parents to help young people learn to access all health services provided by physicians and clinics in our communities.

If you have any questions, or would like more information on the programme outlined above, please don't hesitate to contact me.

Yours faithfully

Philip Grant  
Principal

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